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MARCH 15TH
IS
INCOME TAX DAY!
ARE YOU
PREPARING FOR IT?

The Textorian

ONE FOURTH
OF
YOUR INCOME TAX
IS DUE
MARCH 15TH!

VOLUME XVI, NUMBER 7 GREENSBORO, NORTH CAROLINA, FRIDAY, FEBRUARY 12, 1943 FOUR PAGES TODAY

War Plants Would Close If Workers Misuse Their Tires

Transportation To And From Work Would Place Too Heavy A Burden On Utility Buses; Workers Should Use "Share A Ride" Plan

Most of the larger war plants would be forced to close down if they had to depend on workers who could walk or ride on public conveyances, the Public Roads Administration has discovered in a 10-State survey of 94 factories. Despite this and despite the fact that a majority of the workers estimated their tires were half worn out as early as last fall, the survey showed many were not using their cars to get the most in essential transportation.

At one plant, it was reported, "probably more than half the workers go home to lunch, most of them by automobile."

Although many of the partly-worn tires can be recapped, the tire situation is plainly serious. It must be remembered that millions of other tires are also wearing out, and that all of them are a part of our general pool of civilian tires throughout the country, and when they go, there won't be enough rubber of any kind to make good the loss. Maybe, in 1944, the synthetic rubber output will take up some of the slack—and maybe it won't. In any case, we can't afford to take chances on a breakdown of the national transportation system through lack of rubber to roll on.

According to the investigators many cars were seen arriving at plants with empty seats, showing that group riding was not practiced to the full extent possible.

Yet 73 per cent of the workers got to work by automobile, only 15 per cent used public transportation, 10 per cent walked, and 2 per cent used bycycles or other means of transportation. Since buses and street cars in war industry areas already are overcrowded, it's plain that if great numbers of tires are scrapped through carelessness or indifference, war plants and workers in them will be in a bad way.

WHITE OAK LOCAL NEWS

Pvt. George Winston Matthews of the Army Air Force in Chicago, Ill., is visiting his aunt, Miss Lilian Tilley at the Nurses Home.

Sgt. Jesse O. Wheeler, Jr., left Monday night for a camp in Kansas. He is being transferred from his camp in South Dakota.

J. O. Wheeler, Sr., has been home several days after a stay of three weeks in the Veterans' Hospital in Fayetteville.

Corp. George Farrington of Sioux City Air Base, left Monday after a five days furlough at home.

Pvt. Carl (Weebe) Carpenter who has been stationed at Camp Orden, Cal., came home Friday night for a visit with the folks at home. He is being transferred to Ft. Benning, Ga.

Mr. and Mrs. Bart Summers and baby of Sanford spent the week end in the village with relatives.

Mrs. Will Biggs who has been visiting her brother, Ray Tugman for some time left Tuesday for Danville, Va., to visit her sister.

Allen Heffner has returned to Washington, D. C., after a visit with his parents, Mr. and Mrs. M. A. Heffner on 11th street.

Bernard Foust who has been confined to his room for some time following an operation on his leg at Memorial hospital in Charlotte, is improving.

While we concentrate our every effort on winning a victory over our enemies on foreign shores, let'e not forget our enemies within. The most potent of these is tuberculosis! Fight the germ that saps our national strength—Fight TB by having an x-ray.

RECENT ARRIVALS IN OUR MIDST

Mr. and Mrs. Frank Starling, of 12th street, White Oak announce the birth of a son.

Mr. and Mrs. Johnnie Collins of Proximity, announce the birth of a daughter, Gloria Jean, at St. Leo's hospital.

Mrs. Thornburg and Mr. Hilliard Wed

Mrs. Eva Thornburg, 1505 Walnut street and Tom Hilliard of Fairview street, Print Works, were united in marriage on Saturday, February 6, at 7:30 o'clock in the evening at the home of Rev. R. C. Goforth on Summit avenue. Rev. Goforth performed the ceremony in the presence of close relatives and friends. The bride was dressed in a blue outfit, topped with a beige coat.

Mr. and Mrs. Hilliard are both residents of the Print Works community and are employed at the Print Works Mill. They are making their home at 1505 Walnut street.

Point Rationing Meetings To Be Held

Mrs. Sidney Cone will talk on point rationing at the Proximity and Ceasar Cone schools on the dates given below. Also, the children of these respective schools will give a skit on point rationing. There will also be singing by the children. All women of the community are urged to attend one of these meetings in order that they might learn more about this important subject.

The meetings will be held as follows:

Proximity School — Tuesday, Feb. 16, at 7:30 P. M.

Proximity School—Wednesday, Feb. 17, at 11:00 A. M.

Ceasar Cone School — Thursday, Feb. 18, at 11:00 A. M.

Ceasar Cone School — Thursday, Feb. 18, at 7:30 P. M.

Prox. Baby Clinic

Lavern Medley was a ne wmember at the Proximity Clinic.

The following members of the Proximity Baby Clinic were present on Wednesday afternoon: Ronald Lee Fisher, Bryan Lanning, Sherman Ray Ramsey, Richard Lee Ramsey, Robert Ramsey, Jr., Ray Jenkins, Celia Jenkins, William Howard Robertson, Robert Harold Webb, Yvonne Kincaid, Lynda Kay Wilson, Karen Lemons, Barry Lemons, Shirley Fay Mitchell, Robert Lee, Rachel and Delores Ramsey.

Dr. M. Y. Keith will be present at the Clinic next Wednesday and those mothers who wish to consult him much be present at one-thirty o'clock.

Valentine Party At Proximity Y.

There will be a Valentine Party at the Proximity YMCA on Saturday at 6:30 o'clock.

Prizes will be awarded for the prettiest and funniest costume.

Pies sandwiches, doughnuts, and coffee will be on sale.

Free Smokes For Our Boys Overseas

Here's your chance to do something for our boys overseas! Arrangements have been made whereby five packages of Camel cigarettes will be sent free to our men in the services overseas for every carton of Camels the employees buy for their own use at the Proximity, Revolution, White Oak, or Print Works stores from February 15th through February 20th. Each full package will be labeled "Good luck from the employees of Cone Mills, Greensboro, N. C." The stores and the Camel manufacturers are donating their profit to make this possible.

Just remember, for every carton you buy for yourself, you will make five lads who are spilling their blood for you somewhere at the far ends of the earth mighty happy. Buy your carton now!

Nutrition Class

The Nutrition Class which meets each Tuesday from 10 to 11 at the home of Mrs. Herman Lewey at 1608 14th street grows in interest. It is not too late to join the class. Now that the point system will soon be in use, a wider knowledge of Nutrition will stand us in good stead.

There is a growing need for the study of Nutrition now that the Point Ration system is about to be established. Mrs. T. W. Turner is teaching a class at the Welfare building each Monday and Wednesday evenings from 6:30 to 7:30. The class is held at this hour so as not to conflict with any other meeting you may wish to attend.

Mrs. Jack Leonard Honored At Party

Mrs. T. O. Ward, Mrs. Oscar Ward and Mrs. J. L. Hinshaw were joint hostesses honoring Mrs. Jack Leonard at the Ward home on Vine street last Thursday night with a miscellaneous shower.

After playing a number of games ice cream and wafers were served to the following:

Mesdames J. L. Ritter, J. L. Hinshaw, W. J. Darby, W. F. Johnson, J. T. Lowe, A. H. Hinshaw, Jack Leonard, Howard Ward, Oscar Ward, T. O. Ward, N. B. Martin, Nancy Leonard, Jerry Leonard and Larry Ward.

Mrs. Leonard and children left last Friday night for Florida to be with Mr. Leonard, who is doing defense work there.

It's all out for Victory in every field of American life right now! But don't forget this: It takes healthy Americans in the armed forces, in industries, and in homes—to win this fight. Only by having every employee 100 per cent behind the x-ray campaign can we keep the health of Americans. And that means—get a chest x-ray.

Proximity News

Mr. and Mrs. Clarence Westmoreland and daughter, Rebecca, of Walnut street spent the past week end with his parents in Colfax.

Don't forget the Point Rationing meetings at the Proximity school on Tuesday, February 16 at 7:30 o'clock and Wednesday, February 17 at 11:00 A. M. The Ration Board has given every one permission to drive their cars to these meetings as they realize the importance of every man and woman understanding the Point Ration system.

Mrs. Lula Sorrells and daughter, Lula Jane, of Dunn, will arrive Saturday for a two weeks' visit with Mr. and Mrs. H. P. Jackson on Walnut street.

Miss Mary Watson of Burlington, spent the past week end as the guest of Miss Billie Ward and Carrie Lee Craddock on Fairview street.

Mrs. Della Craddock and sons, Billy and Gene, spent the week end in Burlington, where they were guests of Mr. and Mrs. Jim Craddock.

Mr. and Mrs. Ralph Lowe are living with his parents, Mr. and Mrs. J. A. Lowe on Fairview street.

If you want to understand more about the Point Rationing be sure to attend the meetings at the Proximity School on Tuesday, February 16 at 7:30 P. M., and Wednesday, February 17 at 11 A. M.

O. M. West, 2nd Class Petty Officer of the U. S. Navy is on leave and visiting his wife on Maple street. Mrs. West is the former Miss Florine Stone, daughter of Mr. and Mrs. John Stone.

John Stone, Jr., has returned to Norfolk, Va., where he is stationed with the U. S. Navy, after spending several days with his parents.

Mrs. W. H. Oakes has returned to her home on Walnut street, after a visit with her mother, Mrs. Lucy Howerton, in Danville, Va.

Misses Madie Phillips, Margaret Webster, Irene Thornburg and Bobbie Thornburg spent the week end in Siler City where they were the guests of Mr. and Mrs. H. B. Phillips.

Mrs. Johnny Parrish of Fairview street is improving at the University hospital in Little Rock, Arkansas, where she is a patient with spinal meningitis. She was on a visit to her husband, Pvt. Johnny Parrish, when stricken. Mrs. Parrish is the former Sybil Strickland.

Nacomas Cain, who is with the U. S. Navy has returned to his duties after several days with relatives here.

Odessa Spires of Upland drive is a patient at St. Leo's hospital.

Pvt. E. C. Guthrie of the Army Air Corp and stationed at Goldsboro, spent the week end with his parents on Walnut street.

Miss Dorothy Hill is spending the week end with relatives and friends in Asheboro.

Misses Billie Ward, Lorene Craddock and Carrie Lee Craddock will go to Burlington, Saturday, where they will be the guests of Miss Mary Watson for the week end.

Norwegian School in Scotland

KING HAAKON VII of Norway greets Norwegian children at a boarding school near Aberdeen in Scotland. The first Norwegian school of its kind in Great Britain, and run according to Norwegian educational methods, the school now has 70 pupils, many of whom come from small villages of their native country. Some escaped from Norway as the result of commando raids on Lofoten and Maaloy; others have come across the North Sea in open boats to take up studies interrupted by the German invasion.

Revolution Items

Mrs. W. A. Williamson and Miss Dorothy Spivey have returned after a visit with Mrs. Williamson's son, Oscar, at Cochran Field, Macon, Ga. Miss Gracie Williamson, who accompanied them, has been visiting her uncle, Harrison Williamson in Lexington, S. C.

Calvin Jones of the U. S. Navy, is visiting his parents, Mr. and Mrs. Jones on Poplar street.

Mrs. Jack Leonard and children, Nancy and Jerry Leonard, have gone to Florida to be with Mr. Leonard, who is doing defense work there.

Mrs. T. O. Ward, Mrs. Oscar Ward and Mrs. J. L. Hinshaw were joint hostesses on last Thursday night at a miscellaneous shower honoring Mrs. Jack Leonard.

Charlie Beal underwent a noperation for appendicitis at St. Leo's hospital, Tuesday.

Mrs. Mac Fulk and daughter, Linda Faye, have returned after several days' visit with Mrs. Fulk's parents, Mr. and Mrs. Craig Miller near Galax, Va.

Mr. and Mrs. Lawrence Carter and Miss Rosa Wyrick attended the funeral last week of Miss Wyrick's brother, Rev. Wyrick, at Elon college.

Sgt. Woodrow Blake, of Eglin Field, Fla., is spending a 10-day furlough with his parents, Mr. and Mrs. E. C. Blake.

Pvt. Edison Lineberry, who is stationed in Baltimore, Md., is spending several days with his wife on Hubbard street.

Mrs. John Parrott and son, John, Jr., arrived Tuesday night from Gadsden, Ala., where she had been visiting her husband.

PRINT WORKS SNAPPERS

The Government has been calling for more production, and we have taken additional Government business this week. It is highly important that every workman stay on his job and be on the job regularly. When we read in the papers that some troop movement was held up for lack of equipment, we don't think about the fact that our own absence from our job may have been responsible for the equipment shortage. The part each individual person plays in the war effort does not look important in itself, but the part that the Print Works team is playing is very important and we must keep our team intact and on the job all the time.

We have read in the papers that workers in non-essential industries should find themselves jobs in essential war industries. The production of textiles is listed as essential. Employees of this plant are necessary to the war effort, and the Government has said so.

We enjoyed a visit from S/Sgt. Ben Cartledge, last Saturday and Monday, who was on his way to the Cadet Training Company somewhere in Tennessee. He is on his way to being a pilot having served as an airplane gunner in his last assignment . . . Miss Sadie Garner is wearing a new piece of jewelry this week, and it looks mighty pretty . . . Mrs. Eva Thornburg and Mr. Tom Hilliard were married last week end, and their many friends wish them much happiness. Tom did not explain to Mr. W. L. Thornburg his reason for wanting off from his gate watching job, and when two substitute watchmen got sick, Tom found himself back on the watching job, but it all worked out all right . . . We are glad to see Mr. John Edmondson back on the job after a siege of illness, which has left him quite weak . . . Mr. Eli Craven is one of the Auxiliary Police who comes down to the Armory Tuesday nights and joined up with the Home Guard . . . Mrs. Brenda Cole was out earlier in the week because of a sick cook . . . We are sorry to hear that Mrs. Sibyl Parrish is down with a serious illness which attacked her while she was visiting her husband, Pvt. Johnny Parrish, in an Army Camp in Arkansas.

On next Wednesday afternoon, February 17, at 4:00 at the Revolution Apartments, there will be a Nutrition film shown entitled "The Proof of the Pudding". Every housewife is urged to attend this show.

Washington Snapshots by James Preston

While exact methods remain unsettled, revision of income tax collection methods appears certain. Faced with a Presidential request for $16,000,000,000 more revenue, Congressional tax leaders believe they should make present taxes easier to pay and collect before imposing new ones.

In spite of the fear that it would cause an actual financial loss to the Treasury, the ultimate tax collection scheme will be based upon the Ruml pay-as-you-earn principle, widely supported by Congressional mail. Adoption of this plan would tend to remove the threat of bankruptcy from millions of taxpayers, great numbers of whom have never before realized what happens each year on March 15th.

The latest development in the campaign of close scrutiny of all government spending is a resolution calling for the establishment of a joint committee on budgetary control composed of five members from each of the two appropriation committees. The proposed group would function on a year-round basis with full powers to investigate federal spending.

Additional evidence of the trend toward operating economy is the action of the House Rules Committee in approving the Ramspeck resolution to investigate charges that the federal government has 1,000,000 too many employees.

Lend lease Administrator Stettinius reports that the U.S.S.R. is the largest recipient of American lend-lease shipments of planes and tanks. To the Red Army, America has sent 2,600 planes, 3,200 tanks, and 81,000 jeeps. Britain has lend-leased to the U.S.S.R: 2,000 planes and 2,600 tanks. The U.S. L L Chief reports that the volume to Russia has just now attained sizeable proportions and will probably grow in spite of the hazardous routes to Russia.

W. O. Community Club To Meet Monday

The White Oak Community Club will have its regularly monthly meeting Monday evening at 7:30 at the Welfare building. Moving pictures on a vital subject of health will be shown. The hostesses will be: Mesdames R. H. Armfield, Etta Pickard, Lacy Haithcock, Roy Vaughan and Ella Vaughan.

The Nutrition class will meet as usual at 6:30.

Buy War Bonds Every Pay Day!

Standards For Safety From Fire To Forestall Tragedies

Fire Underwriters Sets Up Standards To Help Prevent Lost Of Lives In Case Of Large Fires; Information On This May Be Obtained Free

Requirements which would provide a uniform standard of safety against fire in places of public assembly, are contained in a suggested model "cabaret ordinance", announced by W. E. Mallalien, general manager of the National Board of Fire Underwriters. Engineers of the National Board have been working on this suggested ordinance since the Cocoanut Grove tragedy in Boston. They have conferred with other engineers and fire prevention experts, with the business officers and representatives of hotels, restaurants and night clubs, so that the ordinance might include all of the practical safeguards of life.

Such an ordinance, if adopted in every community, will save many lives in the future. It described a "place of assembly" as a room seating 100 or more persons, for religious, recreational, educational, political, social, amusement, food or drink purposes.

All decorative materials in such rooms would have to be rendered flameproof and tested each six months if necessary. Chairs and tables would have to be arranged for unobstructed access to aisles. Width of aisles, number and types of doors, ets., are specified according to size of room. Exits must be clearly marked. Places of assembly would not be permitted above the second floor in any frame building, and fire resistive stairways would be required.

The value of any safety ordinance of this nature would depend to a great extent upon the diligence of the fire department in seeing that the provisions were complied with.

Every major fire department or city council seeking to guard the lives of citizens in assembly places should write the National Board of Fire Underwriters, 85 John Street, New York, for a copy of the suggested ordinance. With unusual crowds gathering in amusement places and eating places today in many congested areas, no time should be lost by public authorities in seeking to prevent any more Cocoanut Grove tragedies.

Revolution Community Club Holds Meeting

The Revolution Comunity Club met last Friday night in the club room of Revolution apartments for the regular monthly meeting. In spite of a heavy downpour of rain, there was a good attendance. Mrs. A. L. Stevenson, president, was in charge of the business meeting. Mrs. L. G. Newton led the devotionals. Mrs. Mendenhall announced that nutrition and food classes will begin on Wednesday afternoon at 5:30. Miss Ivey urged that every one be sure to attend the point rationing meeting at the Ceasar Cone school next Thursday at either 11 A.M. or 7:30 P.M.

The Hospitality committee for the March meeting will be Mrs. Lucy Cockman, Mrs. Rose Sams, Mrs. Mary Bell Todd, and Mrs. L. G. Newton. The Program committee will be Mrs. Harold Hilliard, Mrs. Mac Fulk, Mrs. Marjorie Mendenhall, and Miss Fannie Ivey.

After the business meeting a contest was held. Miss Helen Lefler, Mrs. Woodrow Martin, and Mrs. Willie Moore won prizes.

Those present were: Mesdames N. B. Martin, W. F. Johnson, Johnnie Clark, Virginia Moore, Lee Cockman, A. L. Stevenson, Carrie Hughes, L. G. Newton, Leach, Letha Kelly, J. T. Lowe, Reece, Mary Bell Todd, Rose Sams, Woodrow Martin, Mac Fulk, Harold Hilliard, A. H. Hinshaw, Marjorie Mendenhall, Miss Fannie Ivey and Miss Helen Lefler.

Charles Hall Funeral Rites Held Last Sunday

Funeral services were held Sunday at 2:30 p.m. at Broadview Wesleyan Methodist church for Charles Hobart Hall, 46, of 1508 Maple street, Proximity, whose death occurred Thursday, February 4, at St. Leo's hospital. Rev. E. W. Black, the pastor was assisted by Rev. R. C. Goforth. Interment followed in Green Hill cemetery.

Pallbearers were: Charles Pegram, S. C. Tucker, W. E. Freeman, S. A. Roberts, Herbert Leonard, G. M. Snouffer. Honorary pallbearers were: A. C. Goodwin, J. W. Walters, Wallace Branson, Woodrow Inman, Ray Yarborough, Fred Newman, C. W. Strickland, John Scott, Paul Walker, A. C. Holt and J. A. Bangle.

Mr. Hall, a native of Montgomery county, came to Greensboro 33 years ago. He was employed by Proximity Manufacturing company as express and mail truck driver for the past 26 years and was a member of Wesleyan Methodist church at Broadview.

He had been in ill health for more than a year and had been a patient in the hospital for nine days.

Surviving are his wife, the former Miss Ollie May Short, of the home; five daughters, Mrs. Bernice Fisher of Bessemer, Mrs. Ruby Talton of Greensboro, and Misses Marie, Frances and Rachel Hall, all of the home; two grandchildren; two brothers, A. B. Hall of Greensboro, and W. J. Hall of Randleman; two half brothers, Frank Hall and Jesse Hall, both of Greensboro, and three sisters, Mrs. Mark Whitley of Climax, Mrs. B. A. Swainey of Fairhope, Ala., and Mrs. Sam Lewis, of Jamestown.

How many of us realize that war leaves all of us wide open to the first cause of death to Americans between the ages of 15 and 45? Yes, tuberculosis thrives on war—and to be sure that the deadly germ does not gain the upper hand in this war, it is our duty to get a chest x-ray.

Guffey-Pinkleton Marriage Announced

Miss Ethel Guffey and Mr. Aaron Pinkleton were married, February 6, at the Baptist parsonage. Rev. Wade James, pastor of 16th Street Baptist Church was the officiating minister. Only a few close friends and relatives were present.

Mrs. Pinkleton is the only daughter of Mr. Harvey Guffey and the late Mrs. Guffey. Her early childhood was spent in Rutherford county. She had made a wide circle of friends since coming to White Oak.

For her marriage she wore a becoming dress of blue cloth with blue accessories. Her top coat was blue wool. Her corsarge was gardenias.

Mr. Pinkleton is the second son of Mr. and Mrs. C. L. Pinkleton of Nineteenth street. He holds a position with White Oak Mill. Upon their return from their wedding trip to western North Carolina, they will be at home at 1425 Nineteenth street.

Surgical Dressings

A busy crowd from the different villages gathered again Tuesday night and Wednesday morning in the Women's department of the YMCA to make Surgical Dressings.

Those attending were Mesdames: C. H. Williamson, Don Redman, A. M. Craven, Frank Morrison, Edna Trantham, Ernest Sawyer, Garland Flintom, Bill Pennington, Frank Clark, R. H. Armfield, Charles Cook, Charles Frazier, W. L. Thornburg, Elmer Southern, John Armfield, J. M. Stanley, J. S. Phipps, H. Pennington, J. I. Walker, Henry Morris, Henry Guffey L. H. Bell and Misses: Eva Welborn, Anna Motz, Agnes Matthews, Lillian Tilley and Minnie Fields.

Gustav Ziprik Receives Certificate Of Award

The following certificate was received by Gustav Ziprik, Secretary at Proximity YMCA which reads as follows: "The President of the United States of America awards this Certificate of Appreciation to Gustav Ziprik in grateful recognition of Patriotic Services rendered in aiding the administration of the Selective Training and Service Act awarded this 2nd day of February 1943. (Signed) Franklin D. Roosevelt. Attest: Louis B. Hershey, Director of Selective Service. J. Melville Broughton, Governor."

Mr. Ziprik has filled out hundreds of questionnaires, both military and vocational thus rendering a helpful service to his community and country.

Fidelis Class Met Friday, February 5

The Fidelis Class of Revolution Baptist church held their monthly meeting with Edna Thornberry and Iris Shepherd at the home of Edna Thornberry, February 5.

The business part of the meeting was carried off very effectively, after which the class gave Miss Sally Burgess a surprise birthday party. Refreshments of cake, pickles, sandwiches, and coffee were served to Sally Burgess, Mary Burgess, Frances Simpson, Myrtle Cockman, Lucille Ritter, Devada Craven, Edna Thornberry, and Iris Shepherd.

Funeral Services Conducted For Francis M. Westbrooks

Frances Marion Westbrooks, 82, a resident of Greensboro for 42 years, died at 2 a.m. Saturday, February 6, at St. Leo's hospital where he had been a patient one day. Mr. Westbrooks, who lived at 1206 Maple street, had been an invalid for the past seven years. A native of Rockingham county, he was employed by Proximity Manufacturing company before retiring 10 years ago.

Funeral services was held at Hanes chapel, Monday at 4 p.m., interment following in Forest Lawn cemetery.

He is survived by his wife, who before her marriage was Miss Emma D. Wright; four sons, J. W. Westbrooks, of Greensboro, P. M. Westbrooks, of Pulaski, Va., R. L. Westbrooks, of Winston-Salem and E. M. Westbrooks, of Greensboro; a daughter, Mrs. Allie Whitesell, who resides on the Reidsville road; a sister, Mrs. T. G. Griffith of Rockingham county, and four grandchildren.

Loyal Wesley Class Enjoys Supper

The Loyal Wesley class of Carraway Memorial Methodist church enjoyed a covered dish supper, Tuesday evening at the Welfare building. After supper a brief worship period and business meeting was held.

Those present were: Mesdames H. Pennington, A. R. Murray, F. R. Layton, J. H. Cates, J. Burnside, Ida Poteat, Archie Calhoun, R. E. Wyrick, J. H. Wrenn, C. L. Thornbro, F. Blackmon, R. E. Loman, James Nance, G. A. Robertson, W. P. Mauk, G. R. Holland, Taylor Turner and Miss Pearl Wyche.

WILL WE BE HEALTHIER

The fuel oil and gasoline shortage this winter should go far to determine whether Americans will be healthier as a result of walking more and living in homes that are not over-heated.

With more than four million women entering employment in war industry in 1942, substantial increases are being recorded in the purchase of ordinary life insurance by women as well as in the extension to them of the protection of group insurance.

Haw River Ripples

Master Sgt. and Mrs. Frank Stewart have returned to their home in Miami, Fla., after spending the past 10 days visiting relatives here.

Pvt. Manuel Wells of Fort Leonard Wood, Mo., spent several days visiting his brother, C. P. Wells.

Gene Perry after serving his 7 day furlough left Monday, February 8th for service in the U. S. Army. Eugene is the youngest son of Mr. and Mrs. E. L. Perry.

Word has been received that Albert Starling, Jr., has been promoted to Private First Class.

Harvey Huffstetler has returned to his studies at the Richmond Medical Center at Richmond, Va., after spending the week end here with his parents, Mr. and Mrs. W. H. Huffstetler.

Thurman Henley of the U. S. Naval Training School at Norfolk, Va., is spending several days visiting his sister, Mrs. Jimmy Cole.

Miss Thelma Bell of Burlington spent the week end visiting at the home of Mrs. J. G. Montgomery.

Miss Louise Gillespie has returned after spending the week end with her sister, Mrs. James A. Gillespie at Virgilina, Va.

The Womans Society of Christian service of the Haw River Methodist church left its regular monthly meeting on Monday evening, February 8th in the basement of the church. The meeting was called to order by the President, Miss Thelma Gates, after the roll call and minutes of the last meeting Miss Constance Cates gave a very interesting program. The subject being "Peace - Just and Enduring.

At the business meeting it was decided that the ladies would serve a chicken supper at the Community Club house on Saturday, February 20th at 5 P. M.

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No communication of any sort or description, whether news or expressions of opinion upon any topic, will be published unless accompanied by real name of writer. The name will not be published unless consent is given.

PROXIMITY PROX. PRINT WORKS — CONE FABRICS SERVICE — WHITE OAK REVOLUTION

Greensboro, North Carolina, Friday, February 12, 1943

Why X-Ray?

By F. K. Harder, M. D., City Health Officer

"Why x-ray" is a very logical and sensible question since every employee is being offered the chance to be x-rayed without charge. First—it snould be said that tuberculosis is a "catching" or communicable disease. It spreads from the sick to the well. A tuberculous person can spread the germs through kissing, coughing, sneezing, or by sleeping with others. Sick people sometimes spit on the sidewalk and the germs spread. By using personal articles or eating utensils of the person sick with tuberculosis the germs are spread to well people.

A healthy body will kill all germs, especially if there aren't too many. A force called body resistance is on the job in the body at all times getting rid of dangerous germs. Sometimes the body is not always able to kill all the germs of tuberculosis. The way to tell whether or not the body has won in the battle against germs of tuberculosis is to have a chest x-ray. If there are spots which show old healed tuberculosis the doctor will neither make light of the x-ray findings nor will he unduly alarm the person. He will advise him as to how to guard his health.

Real trouble begins when either body resistance breaks down or when more germs get into the body from the outside. Then, the germs begin to multiply in number. They feed on the body and throw off poisons which make the body feel sick. After a while, the person loses pep, feels tired all the time, begins to cough, loses weight, may spit up blood and show other signs of tuberculosis. ***But*** long before a man or woman knows that the germs are doing their work, the x-ray can show trouble in the lung. When tuberculosis is found early, it can be cured in less time and at less cost than if it is permitted to go on to the advanced state. During the war every worker has not only a patriotic duty but a personal responsibility to find out about his chest. The x-ray will tell, and the family physician will advise the person.

To Win and Shorten The War

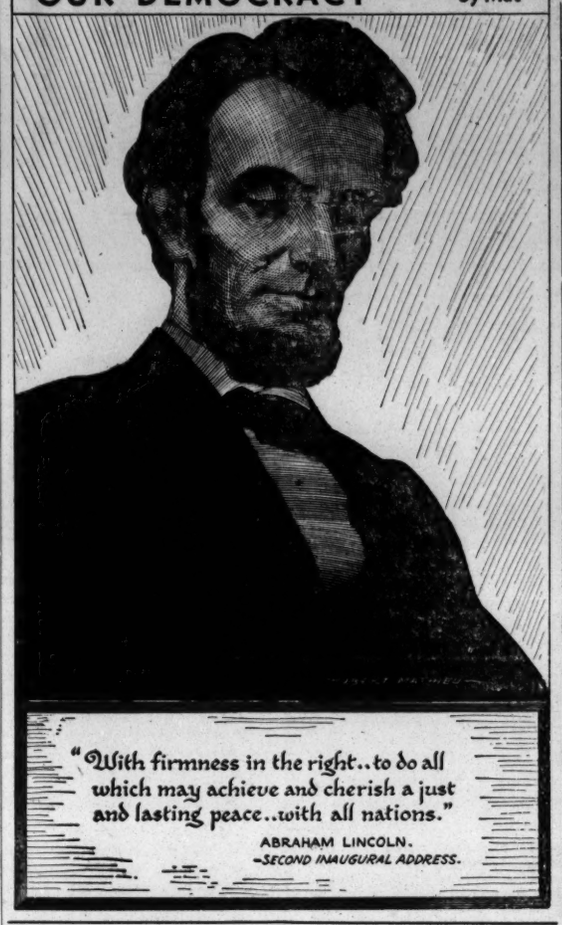
For many long months this nation, together with its allies in the global war, has been faced with extremely adverse reports. Time and again they have been alarmed by shocking news of reverses all over the globe. By sheer determination and strategic planning, to say nothing of the wonderful productive efforts of industry, the situation as a whole is much improved. In fact, recently for the first time since the beginning of hostilities, the axis powers are beginning to suffer real defeats. The inhabitants of the axis countries are now disturbed over the trend of events.

We believe it can be truly said that the defeat of the axis nations is certain. Several months ago what is now a certainty was only a prayerful hope. With our well-founded optimism we must continue to gird ourselves for this terrific struggle in no uncertain way. We must expend ourselves to the limit, not only to prevent the possibility of a reverse turn of events, but also to shorten the length of time before complete victory is ours.

From the President of the United States on down, we are all admonished that production is the key to our victory. It has been reliably reported that we must increase production in all industries, and certainly we must all realize that by so doing we are promoting the interest of each and every one of us because it is just as certain as that the night follows the day that unless we win this war we will all be slaves of the axis powers, and, furthermore, the longer that we take to win the war, the greater will be the sacrifices upon each and every one of us.

It is, therefore, both the patriotic and unselfish duty of each of us to cooperate to the limit in producing those things that are necessary to win and shorten the war.

OUR DEMOCRACY——by Mat



"With firmness in the right..to do all which may achieve and cherish a just and lasting peace..with all nations."

ABRAHAM LINCOLN.
-SECOND INAUGURAL ADDRESS.

Keep The Eagle Flying

An old fable tells how a mouse released a lion by gnawing the net that trapped him.

Millions of small taxpayers in this country, by their tax payments, must gnaw away the debt net that now enmeshes their government.

The immediate passage by Congress of a pay-as-you-go tax measure to cover 1943 incomes, will enable all the people to start right now nibbling at the debt.

Wars cost money and the people must pay for them. The sooner they begin to pay, the better. The smaller the installments can be made, the easier taxes are to pay.

So let's face the facts and keep the Eagle flying high.

Eternal Truth–

The late Justice Holmes who served his nation for thirty years on the bench of the highest court in the land and whose views constitute the kind of liberalism that builds civilization, once said: "I believe that the wholesale social regeneration which so many now seem to expect . . . cannot be affected appreciably by tinkering with the institution of property . . . The notion that with socialized property we should have women free and a piano for everybody seems to me an empty hambug."

These prophetic words should be uttered again and again. They are an eternal truth which is in danger of being forgotten. The spectre of socialization hangs over our basic industries like a pall. It is not an accident of circumstances that this is so. Socialism is the ultimate goal for the public power advocates, just as it is the goal of the "planners" who are drawing ever tighter the noose of government domination around the natural resource industries.

"Czar" and "authority" have become an integral part of American politics. The attentions of the czars and authorities are directed at present toward basic industries, metal mines, electric energy, oil, coal, timber and all other suppliers of matcrials which keep the wheels of independent enterprise turning. These industries are the backbone of the free enterprise system. Let them come under permanent control of officialism and the foundation of the American form of government will be swept away.

Free enterprise and representative government are each dependent on the other. Industry must be operated and owned by private citizens. In no other way can we retain economic and political freedom for the individual. Pleading the cause of private enterprise is not pleading for a privileged few. It is a pleas for an institution which is the bulwark of individual liberty. Unless a man can tell his boss to go to hell, he is not a free man.

The American people have been well served in a material sense by private industry. They should now realize the greater significance of private industry in terms of political liberty. They should realize the truth of Justice Holmes' statement that social progress will not be achieved by "tinkering with the institution of property."

Jugoslav Women

German troops clashing with Jugoslav guerrilla armies, are constantly surprised to discover that in some sections of the country 20 per cent of the fighters against them are women.

Barricades in Oslo

Germans have begun work on 50 barricades within the city of Oslo in Norway, preparing for street fighting expected in the event of an Allied invasion and rebellion by the people.

Mote Cloth

by Picker

This year will see the production of hogs jump from 71,000,000 to 121,000,000. No longer can we say the country is going to the dogs. It's another animal now.

* *

A British visitor in uniform mildly surprised a Pennsylvania town the other day. We like to wonder what would have happened if he had had on Confederate gray.

* *

With large income tax payments due in March, February will be a shorter month than usual this year.

* *

A doctor was caught in Raleigh last week with 10 ration books. We wonder what his prescription will be now for too much gas.

* *

We heard of a milkman the other day who wrote back home after joining the Army, "This is the life! They let you lie in bed every morning until five-thirty".

* *

Betty—What sort of a fellow is Jack?

Joan—Well, he was over to see me last night. When the lights went out, he spent the rest of the evening trying to fix them.

* *

TEN POINTS TO REMEMBER

1. You cannot bring about prosperity by discouraging thrift.
2. You cannot strengthen the weak by weakening the strong.
3. You cannot help small men by tearing down big men.
4. You cannot help the poor by destroying the rich.
5. You cannot life the wage-earner by pulling down the wage-payer.
6. You cannot keep out of trouble by spending more than your income.
7. You cannot further the brotherhood of man by inciting class hatred.
8. You cannot establish sound security on borrowed money.
9. You cannot build character and courage by taking away a man's initiative and independence.
10. You cannot help men permanently by doing for them what they could and should do for themselves.

—Land O'Lakes NEWS.

Men's and Ladies' Haircuts 40c
Children's Haircuts . . . 35c
Guilford Barber Shop
(R. R. Burgess, owner)
117 East Sycamore Street

CRITERION
FRIDAY & SATURDAY
— DOUBLE FEATURE —
No. 1—
THE RANGE BUSTERS—in
"Texas Trouble Shooters"
with Ray Corrigan — John King and Max Terhune
Trouble runs with a rangeland war . . . till the Range Busters come to town!
No. 2—
"PRIVATE BUCKAROO"
with
Harry James - The Andrews Sisters
Even the Jeeps are Jivin' . . . in this wacky Khaki Caravan of zoot-tunes and boneys!
ALSO CARTOON
SUNDAY-MONDAY-TUESDAY
Pat O'BRIEN - George MURPHY
—in—
The Navy Comes Through
with Jane Wyatt - Max Baer
The merchant marine gets tough . . . as a jarrin' Navy gun crew slashes a sea lane for convoyed freighters!
ALSO:
* Donald Duck Cartoon
* Latest News
* Musical

World Transportation Record Set By Railroads

Railroads Does War Work That Other Transportation Facilities Fail To Do

On January 7, the New York Times said editorially: "The people of the United States owe a debt to the nation's railroads that will be most difficult to repay. After virtually relegating them to the status of a stepchild, they called upon the railroads immediately after the attack on Pearl Harbor to supply most of their transport needs. Accepting the task, the railroads last year did the greatest transportation job in the history of this or any nation.

"In their poverty of the 1930's, the statement that the railroads were 'through' as the mainstay of the nation's transport facilities generally was accepted as an accomplished fact. Interest was centered in the development of other transportation methods.

"Under the impact of war these methods of transport did not meet the test.

"To the railroads fell the job of maintaining a steady flow of materials . . . Millions of men . . . had to be transported and essential civilian transport needs had to be met.

"Billions of dollars are being sent by the government to expand other industries, but the railroads have done this job well without any outside assistance. Furthermore, they have contributed liberally, through taxes, to government expenditures. James J. Pelley, President of the Association of American Railroads, recently estimated that railroad taxes in the 12 months ended with October amounted to the unprecendented sum of $1,077,000,000, the equivalent of revenues derived from 56 days of operation."

Help Encourage The Taxpayers

Stripped of all political camouflage, Congress faces two inescapable duties in formulating future tax policies.

First, a tax law must be perfected which will provide a practical method for millions of individuals who never paid taxes before, to pay taxes on income as earned.

Second, the tax structure must not destroy productive enterprise and profit, thereby eliminating tax income for the government at its source.

This will not be so difficult to do if politics can be eliminated from the formula.

30 Billion Ration Stamps

There are almost 30 billion ration stamps contained in the 150 million copies of War Ration Book Two, or more than all the postage stamps produced by the Government during the past 12 years.

SPEAKING OF HEALTH

By DR. VICTOR G. HEISER
Medical Consultant Nation Association of Manufacturers

EATING TO LIVE

It is an old aphorism that we should "eat to live, not live to eat."

That truism is very pertinent today, and it could become a profitable byword in these times of food rationing and inevitable shortages of certain foods.

For the kind of food we eat is of much greater importance than the amount. It is possible, for instance for a person to grow fat by eating large quantitles of food and still be "starving" for the vitamins and minerals and other food elements essential to his good health.

Two Kinds of Hungar

Most of us have little trouble recognizing "hollow hunger," which simply means that the individual is not obtaining enough food of any kind. Its symptoms are perfectly obvious in hollow cheeks and emaciated body.

But we must learn to recognize another kind of hunger, "hidden hunger," for the enemy that it really is. Hidden hungar is another name for malnutrition, which is failure to take in and utilize the nutriments of a large enough quantity of the right kinds of food.

In hidden hunger, the stomach may feel "full", but the body may actually be starving for vitamins, or minerals, or calories, or some other food element we need for health. Then we tire quickly, are easily irritated, have difficulty concentrating on anything, feel generally run-down.

Food for Our Allies

Of course, with so much food being sent to our allies, we are bound, it seems, to have some shortages.

But, generally speaking, most of us, including those on limited food budgets, can get enough of the right foods for health and avoid bidden hunger—if we know what to look for in the market place.

I can't say too often that all the foods generally necessary for good health are included in five categories which I have referred to in all my writings as the "five fundamental foods."

Five Categories of Foods

At the time this was written, none of these five foods had been officially rationed throughout the country. Here they are:

(1) Milk, fresh or included in foods; (2) eggs or meat or fish or cheese; (3) fresh leafy vegetables, both green and yellow; (4) fresh fruit, especially citrus fruits; and (5) wholegrain, soybean, or properly enriched white breads or cereals.

When and if some of these should become scarcer or drastically rationed, substitute one or more of the other foods from the same category and you should be able to make out all right.

Diet Knowledge Spreading

The government, schools, and industry are all doing a big job, even in wartime, in educating the people of this country as to what constitutes good diet.

It is entirely possible that, as a result of this war and its attendant changes in our eating habits, we shall have far better eating habits, and be far healthier for it, than if there had been no emergency.

One thing is certain in wartime America: millions of persons are getting a new conception of the value of food in building and maintaining good health.

They are learning that eating to live is more important than living to eat—that good health is to a large extent a matter of what we eat—and that, to a certain degree, at least, we are what we eat.

INFLATION HELD DOWN

Treasury officials regard the purchase of life insurance as particularly helpful in heading off inflation because money paid for life insurance premiums is definitely withdrawn from spending channels—and more permanently than through other forms of savigs.

TASTE-TEST WINNER
FROM COAST TO COAST
ROYAL CROWN COLA
2 full glasses 5¢

Permanent Waves . . . . $1 up
Shampoo and Finger Waves. 25up
KING'S BEAUTY SCHOOL
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TAXES
MUST BE
PAID

Your tax burden this year is the greatest in the history of our Country, but there is no need to let it worry you. Your taxes may be paid in installments by borrowing the required amount from us and then pay us on the easy payment plan.

City Taxes

City of Greensboro taxes should be paid at once to avoid further penalty. Why not pay them now with a loan from the Home Industrial Bank?

County Taxes

County taxes are also due now. The longer you wait to pay them, the more penalty there will be charged. Get this burden off your mind with a Home Industrial Bank loan.

Federal & State Income Taxes

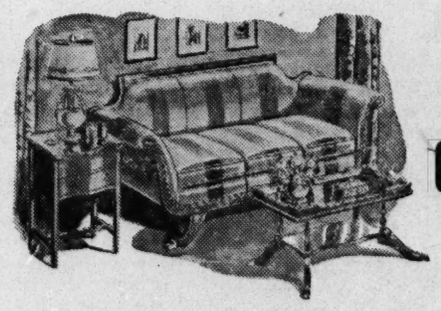
Your real headache this year is going to be your Income tax. We feel we can be of real service to you in amortizing this burden. These loans can be repaid over twelve monthly installments to suit your convenience.

We Will Loan Up To On Your Car $500.00

DIAL 3-3401 FOR CORRECT TIME

HOME INDUSTRIAL BANK
Banner Building Greensboro, N. C.
Member Federal Deposit Insurance Corporation
THIS IS YOUR BANK — USE IT MORE OFTEN

MILLER'S WISH TO ANNOUNCE



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This Furniture Is Now On Display In Our Show Rooms For Your Selection!

We feel very fortunate in having been able to secure this large stock of quality furniture to add to our displays. With this added stock, we now have one of the largest selections of beautiful period and modern designed furniture that we have ever shown.

You are invited to come in and leisurely inspect the distinctive arrays that we are now showing. Moderate prices . . . . and easy termy!

NOTICE
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GARVIN - STONE CUSTOMERS
who have Installment ACCOUNTS:
You are requested to make your regular payments at the office
OF THE
MILLER FURNITURE CO.

We are also glad to announce that
GEORGE E. STONE
is now connected with our Sales Staff!

MILLER FURNITURE CO.
314 SOUTH ELM ST. *"Furniture of Quality"* PHONE 3-3441

By JEAN MERRITT
Home Home Institute

Scoop: The New Condensed Soups

News of new food is good news indeed. Specially these days when varieties and lines of food are more apt to dwindle than increase. And so this brave announcement is worth a few hurrahs: Some few soups have appeared lately in our markets! Law-abiding, victory soups condensed, by government decree, and dressed the wartime way in red and white and blue. To serve, just add a little amount of milk or water, depending on your palate and your purse. Then heat and eat.

Fine first course fare these new soups make, as well as hearty luncheon dishes. To spell out a few leftovers, or build a rationed remnant into a sizeable main-course dish, these victory soups are perfect. Vegetable soup with beef stock becomes a hefty minestrone when mixed with macaroni or spaghetti and leftover lima beans. Cream of green pea is savory as a souffle baked with leftover chicken shreds or meat. Cream of tomato with melted cheese and mustard makes a racy rarebit that is good on toast or served over slivers of meat or fish.

If you'd like to sample this soup cookery yourself, here's how:

Minestrone

Break into one-inch pieces and cook as directed on package—
- 4 ounces macaroni
- or
- 5 ounces spaghetti.

Drain.

Add—
- 1 11-ounce can condensed vegetable soup with beef stock
- 2½ cups water (2 cans)
- 1 boullion cube
- 1 cup cooked lima beans or peas
- Dash pepper.

Simmer 5 minutes. Serve with a sprinkling of grated sharp cheese. Serves 4 to 6.

Pea Souffle

Melt in sauce pan—
- 4 tablespoons butter.

Blend in—
- 4 tablespoons flour.

Add, stirring until thickened—
- 1 11-ounce can condensed cream of green pea soup
- 1¾ cups milk (1 can).

Add—
- ½ cup grated American cheese
- 1 teaspoon salt
- Dash pepper
- ½ cup diced cooked chicken or other leftover cooked meat
- 4 egg yolks, beaten.

Beat until stiff—
- 4 egg whites.

Fold soup mixture into egg whites.

Pour into buttered casserole. Place in pan of warm water and bake in a slow oven (300 deg.F.) for 1 hour. Serves 6.

Tomato Rarebit

Melt over low fire in saucepan, stirring until smooth—
- ½ pound grated American cheese
- 1 11-ounce can condensed cream of tomato soup.

Add, blending well—
- ½ teaspoon prepared yellow mustard

Served over slices of toast. Serves 4-6

Insurance Agents Help

During the past year, the life insurance agents of the country set up war bond purchase plans for 34,000 workers daily, the average daily amount of sales and pledges being $5,500,000 bonds.

BUY WAR BONDS AND STAMPS

THE POCKETBOOK of KNOWLEDGE

BY TOPPS

A NEW CALCULATOR ENABLES THE OPERATOR TO FIGURE PAYROLLS AND JOB COSTS MORE QUICKLY BECAUSE OF A SLIDE-RULE DEVICE WHICH INCLUDES HOURLY RATES AND TIME PERIODS UP TO 104 HOURS
BIRDS HAVE THE QUICKEST EYES, BEING ABLE TO CHANGE THEIR FOCUS FASTER THAN ANY OTHER CREATURE.
IN TIBET, STICKING OUT THE TONGUE IS AN ACT OF GREETING RATHER THAN A GESTURE OF DERISION
PAPER BLANKETS BOUND IN SATEEN ARE NOW BEING SOLD FOR EXTRA COVERING ON "HEATLESS" DAYS
BY PREFABRICATING WITH PLYWOOD A WEST COAST MANUFACTURER COMPLETED 1,000 WAR WORKERS HOMES IN ONE-THIRD THE ALLOTTED TIME

Rev. Baby Clinic

The following babies attended Revolution Baby Clinic Wednesday afternoon: Kenneth Ritter, Linda Faye Fulk, Freddy Moore, Paula Johnson, Brenda Kay Apple, Mollie Lou Apple, Michael Strickland, Juliaette Morgan, Joseph Sams, Martha Jean Welchel, Michael Welchel, Daniel Clark, Brenda Joyce Schanatulski, Ann Hilliard, Floyd Anderson Blake, Clara Dale Jones, David Hill, Jimmy Lee Hill, Carrie Harris, Jessie Neal Hobbs, Rodger Wayne Hobbs, and Lunla Ball Hobbs. John Parrott, Jr., was a new member.

Sweetbreads A Delicacy

Sweetbreads have long been considered a delicacy. Since they are one of the non-restricted items in the "Share the Meat" program, they may be served often in a variety of ways.

They are pre-cooked before being fried, creamed or made into a salad. To pre-cook, wash the sweetbreads and simmer for twenty minutes in water to which one teaspoon of salt and one tablespoon of vinegar have been added for each quart of water used. After they are drained, the membrane is removed.

Jessie Alice Cline, home economist, suggests that a sweetbread salad be served in a large bowl or on individual salad plates.

Sweetbread Salad
- ½ pound sweetbreads
- 1½ cups diced celery
- 2 chopped tomatoes
- 1 cup cooked or canned peas
- ¾ cup mayonnaise
- 1½ teaspoons lemon juice
- Salt, pepper, lettuce.

Wash sweetbreads. Simmer 20 minutes in water to which one teaspoon of salt and one tablespoon of vinegar have been added for each quart. Cool. Remove any membrane. Break into small pieces. Combine with other ingredients, using enough mayonnaise to moisten. Chill. Serve in lettuce cups. Serves 6 to 8.

Heart Hits Hearty Appetite Just Right

Hungry folks welcome the filling taste-tempting qualities of heart. It is one of the popular variety meats which is not figured in the weekly ration plan.

Jessie Alice Cline, home economist, points out that there is variation in the size of beef, pork, lamb, and calf hearts. One beef heart will serve the average family; a lamb heart is the right size for an individual serving; pork heart will serve one or two, and a calf heart will serve two.

Heart should be washed and any hard parts trimmed away before it is cooked.

Culinary experts will give a high rating to Veal Hearts with Noodles. This dish is easy to prepare, tender and delicious. The noodles go well with the gravy and extend the good flavor of the heart.

Veal Hearts with Noodles
- 3 veal hearts
- Flour
- 2 tablespoons lard or drippings
- 8 small onions
- 1½ cups water
- Salt
- Pepper
- 1 8-oz. package noodles

Cut hearts in half and wash well. Dredge with flour and brown in hot fat. Add onions, water and seasonings. Cover and simer 2 hours or until tender. Cook noodles in boiling salted water. Drain, season and place on chop plate. Arrange meat on noodles and pour liquid remaining in pan over all. Serves 6 to 8.

A border of hot buttered peas on the platter of hearts and noodles is a colorful garnish. The flavor is right, too. Hard rolls, cranberry salad and date pudding—and the menu is complete.

Medical Leadership In The Americas

"In its development throughout the world, medicine has passed through innumerable transitions from country to country, from subject to subject, from leader to leader," says Morris Fishbein, M.D., editor of the Journal of the American Medical Association. "The reasons for such continuous transition have been perhaps largely economic but no doubt also spiritual.

"Cradled in Greece, the youth of medicine was no doubt spent in Rome, its adolescence in the Oriental nations, perhaps the first few years of its maturity in Germany and Austria. Today its finest offspring seem to be coming from America."

Dr. Fishbein then points out that the decline in medical progress in Europe and even in England, puts the major burden of future medical progress squarely up to the American nations. He traces the medical advancement that is taking place throughout the Americas in countless privately-owned institutions and hospitals in cooperation with various public health agencies. The facts he presents are an inspiring story of the unselfish devotion of the medical fraternity to the prevention and cure of disease.

Today more than ever before, the aim is to create good health by the elimination of the causes of disease. With the world aflame and infectious disease closely allied with wars, constant vigilance must be maintained to protect human health and life. We in this country can be thankful that American machine has earned a place of leadership by its accomplishments in safeguarding health and curing disease.

Gets The Diamonds

The United Nations have cornered the world's diamond production — just about every diamond recovered from the earth now finds its way to American, British, or Russian purchasers.

TASTE-TEST WINNER
FROM COAST TO COAST
ROYAL CROWN COLA
2 full glasses 5¢

BABY CHICKS
Shipped C.O.D.
Heavy mixed . . . . $8.85 hundred
Light mixed . . . . $5.50 hundred
NICHOLS HATCHERY
Kingston, Georgia

GET IT WHERE THEY HAVE IT!
REVOLUTION DRUG CO.
Phone 5530
Corner Vine and Ninth Streets
Ralph J. Sykes C. G. Stevens
Proprietors

AT FIRST SIGN OF A COLD USE 666
666 TABLETS, SALVE, NOSE DROPS

Increase Your Meat Share With Tongue

Tongue dishes are favorites in many households. Fresh, pickled, corned or smoked tongue are not restricted and may be purchased in addition to your weekly share of muscle meat. Pork and lamb tongues are small and usually are sold ready to serve, while beef and veal tongues are larger and usually require additional preparation.

The smoked or pickled tongue should be soaked for several hours before cooking. Tongue is usually simmered in water until tender. Then it is skinned and trimmed, and served whole or sliced. Often it is served in a spicy sauce. Jessie Alice Cline, home economist, suggests Tongue Rolls Florentine as a recipe that fills the bill for a special dinner.

Tongue Rolls Florentine
- 16 slices boiled tongue
- 2 pounds spinach
- 2 tablespoons melted butter
- 1 teaspoon salt
- ⅛ teaspoon flour
- 4 tablespoons grated horseradish
- 1 cup top milk

The tongue slices should be one-eighth-inch thick and unbroken. Carefully wash spinach. Remove stems and cook covered with only the water which clings to the leaves. Cook only until leaves wilt. Drain well. Chop fine. Add melted butter and seasonings. Place a spoonful of spinach on each slice of tongue. Roll and fasten with a wooden pick. Place in greased casserole. Combine flour, horseradish and milk and pour over tongue. Cover. Cook in a moderately hot oven (400 deg.F.) for 20 minutes. Serves 8.

Parslied potato balls, jellied lime fruit mold and chocolate cream cake served with the tongue rolls provide a menu fit for any occasion and any group of guests.

Medical Profession Is Living Up To Tradition

The medical profession hasn't done a lot of talking about the "sacrifices" its members are making. And yet doctors, perhaps more than any other group next to the service men, are making real sacrifices in this war.

Thousands of them have voluntarily given up their practices. They live in the foxholes with the soldiers. They fight and die with the navy and the marines. They perform miracles amid blood and suffering. Gone is the business for which they spent so many years in preparation, often on a financial shoe string.

The doctors left at home are making sacrifices too. Men who should be enjoying the leisurely aftermath of useful careers are back in harness working at a killing pace. They are on duty 24 hours a day—and they don't yell for time-and-a-half when Mrs. Jones is having a baby at 3 A.M.

The doctors are carrying out the tradition of American medicine in every emergency. Their example might well be followed by workers in other fields.

W. O. Baby Clinic

Charles William Rhew, from 14th street, made his initial trip to the Clinic Wednesday. Charles' brother, Robert, and sister, Jeannette, have always attended the Clinic until Jeannette entered school last year. Others present were Robert Rhew, Norma Apple, Julia Bradford, Cynthia Robinson, Elizabeth Wrenn, Russell Yates, Shirley Shepherd, Tommie Michael, Julia Pickard, Virginia and Nancy Morphis, Iris and Joe V. Hill, Garvey Lee Wheeler, Dianne Wrenn, Jean Southern, Wayne Thompson, Norman Elder, and Bryan Thigpen.

Well-Earned Recognition

This year the Robert Collier Trophy was awarded to the Army air forces and the private air lines of the United States. In the presentation statement, Vice-President Wallace said:

"I know from my own experience how closely the personnel and activities of the Army air forces and the private air lines are merged.

"In handing this scroll to you, General Arnold, recognition is given to the foresight of those in the Army air service as well as our private air lines who have done the fundamental planning which has made possible the rapid expansion of the past two years.

"Through you, General Arnold, recognition is given to the boys who are successfully fighting for our world-wide new democracy.

"And to you, Colonel Gorrell, our thanks and appreciation to all of your air line personnel—the tireless executives, the pilots and the devoted mechanics who pioneered in this field and who were able to furnish the vital 'know how' which has made worldwide air transportation service a living, accepted fact."

In addition to the freedom of the seas, Mr. Wallace pointed out that in the future freedom of airports throughout the world will be essential in the maintenance of a stable peace, and "can assure increasing economic opportunity for humble citizens throughout this modern world where science is bringing us ever closer to each other."

Payment Of Bills For Services Rendered Will Be Appreciated
(Dr.) R. N. STELLING
Capt. M. C. - Station Hospital
Gulfport Field, Miss.

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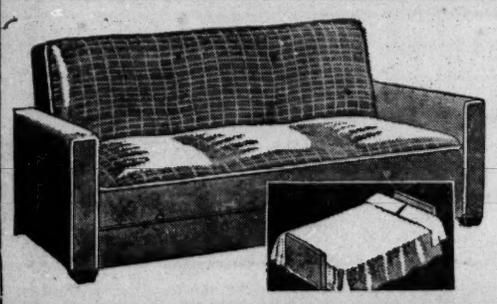
Yes . . . . Here Are More Great Values at Jones-Lewis for Saturday!

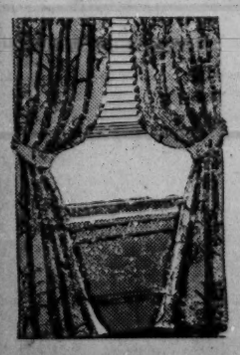
And On Our Easy Terms Too!

Smartly Styled 3-Piece Bedroom Suit
Here's an unusual chance for you to cash in on an exceptional, bona-fide value! This Suite consists of large Poster Bed, 3-Mirror Vanity and large roomy Chest of Drawers — all in lovely walnut finish. Quality materials and workmanship make it outstanding at this low price. Come in today.
$49.95



Automatic Action
Studio Couches
A lovely Sofa during the day — and in a moment, transformed into a comfortable double bed at night. Your choice of lovely colors to select from!
44.50

Just Look At These Values!



Ready-To-Hang
DRAPERIES
Colorful draperies . . . complete with tie-backs and ready to hang. Designs for living room, den, or bedroom. They're unusual values at this price!
$3.95 Pair

Lovely Cushion Dot
Ruffled Curtains
Just what you're looking for to fix up that spare room. Full length . . . deep ruffles . . . complete with ruffled tie backs. A real bargain!
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SPECIAL PURCHASE! LIMITED QUANTITY!
LUCKY 13 PIECES INCLUDING COVERS
FIRST QUALITY TRIPLE COATED ENAMELWARE
Bright RED COVERS and RED TRIM

5.95
95c Down!
Balance by April 10th!

A piece for every cooking need . . . guaranteed First Quality and Stainproof, Triple-Coated, snow-white Enamel with smart Red Covers and Trim.

3-Quart SAUCE POT and COVER...2 Pcs.
2-Qt. DOUBLE BOILER & COVER...3 Pcs.
ROUND ROASTER (6 lb. Cap.)...2 Pcs.
8-Quart Round DISH PAN...1 Pc.
6-Cup COFFEE PERCOLATOR...3 Pcs.
1-Quart LIP SAUCE PAN...1 Pc.
½-Quart LIP SAUCE PAN...1 Pc.
(All Manufacturer's Capacities)

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Burtner Furn. Co. Greensboro, N. C.
Send me Franklin Kent 13-Pc. Set of Enamelware. I enclose $1.40 (95c down, 18c tax, 27c pack. and postage)—will pay balance of $5 by April 10th.
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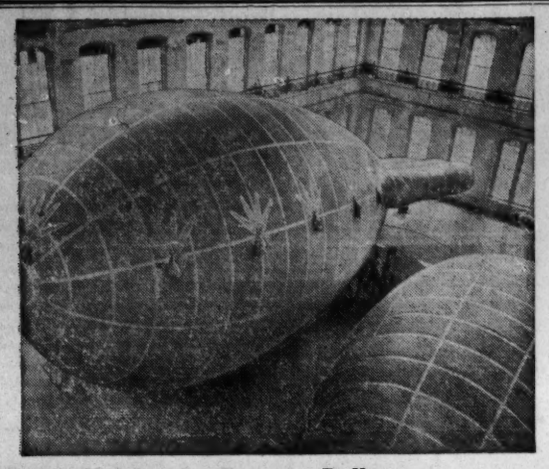
312 S. Elm St. Greensboro



Cotton Fabrics for Barrage Balloons

Now, for the first time, mass production of the English type barrage balloons, used so successfully in combats in England, goes on 24 hours a day in a New England plant of a leading rubber company. In above picture are two of these synthetic rubber coated cotton fabric balloons fully inflated for final inspection before packing. The giant finger patches seen midway on the balloon are the attaching units for handling, picketing and suspension lines while the balloon is in the air.

A Worker Can Take Just Pride In His Occupational Deferment

Men who are occupationally deferred from service with the armed forces can and should take a justifiable pride in their deferment, Chairman Paul V. McNutt of the War Manpower Commission said recently. Here is his statement:

"Although a great deal of emphasis has been laid on the fact that essential workers are vital to war production, there is still much work ahead in registering this fact with the public, and with the workers themselves.

"Occupational deferment usually indicates that a man is making a more valuable contribution to the war, right now, than if he were in uniform. Such men should remember that our fighting men need materials and supplies to carry on their fight, plenty of them.

"It is the War Manpower Commission's job to see that the nation's manpower is properly allocated—to supply the men for our fighting forces through Selective Service, and at the same time to supply the workers for producing the goods those fighting men need. We are in the position to see the over-all picture—the over-all need—which the individual worker cannot see.

"We realize how difficult it is for workers in civilian clothes to explain to their friends and neighbors why they are not in the armed forces. The public should realze that the young, able-bodied man in civilian clothes may be anxious to join the armed forces. It simply happens that his work is too important to induct him at this time, or, perhaps, he may have already been considered and did not measure up to the physical standards of the armed forces, even though he has a healthy outward appearance.

"There are some 3,000 occupations which have been designated as essential occupations. Men in these occupations will be kept in those jobs until changing circumstances, such as the training of suitable replacements, make it advisable to induct them into the armed forces."

Meat Extenders Aids Housewives

There is no such word as "can't" in the vocabulary of the American homemaker and, with the advent of restricted meat supplies, this becomes more and more evident, according to Jessie Alice Cline, home economist.

Patriotic American women are voluntarily limiting their meat purchases to their "share" each week. Meat extenders and unrestricted variety meats, together with her innate cleverness, enable the homemaker to set forth sustaining and decorative meals or nearly the same par as before meat supplies became limited.

Ways have been learned for using every bit of the good flavor of meat through the use of meat extenders such as bread crumbs, breakfast cereals, potatoes, rice, spaghetti, barley, macaroni, noodles and cracker crumbs. Combined with the meat in loaves or patties, or made into stuffings or dressings to cook with the meat, these bland foods absorb the good meat flavor and stretch the number of servings.

Creaming meat is another way of making it go farther. When creamed meat is served in toast boats, baked potatoes, pastry shells or with biscuits no one can resist the appetite appeal of this dish.

Meat pie is a popular dish in many households. Pastry or biscuit crusts are good, but something that is new is a topping of mashed potatoes. A crust of mashed sweet potatoes for pies made from leftover ham or pork is an inviting combination.

Meat and vegetables in a stew or one-dish meals share the flavor and make more servings.

The variety meats offer unlimited possibilities for tempting, nourishing dishes without adding to the weekly sharing allowance.

By extending the meat in combination with other foods and making use of the variety meats, it is possible to have the flavor and satisfaction that meat adds to the meal.

Measures Temperature

A crayon-like stick, recently developed, provides a simple means for measuring temperatures. A mark made with the stick becomes shiny when a specific temperature is reached.

Ladies' and Men's
Quality Clothing
ON CREDIT
BANKS CLOTHING CO.
325 S. Elm St. Phone 4802

Preventing Fires Will Help Win the War

Even more important than fighting fires is the job of fire prevention. There is no glamour in the tedious inspection of stores and factories to eliminate fire hazards, but firemen know they keep war production going and save lives by stopping the big blaze before it starts. Your job is to see that no dangerous fire starts in your own house.

Prevention is an important part of funeral service, too, for scientific embalming checks the spread of infectious disease, which might otherwise endanger public health.

HANES FUNERAL HOME
401-405 W. Market St. Dial 5158
Greensboro

Full Consideration Of Fighting Men In Postwar Period Asked

Providence, R. I., Feb. 5—In planning for a postwar world, the desires of our fighting men will have to be given full consideration, since "they will have won the war," declared Frederick C. Crawford, President of the National Association of Manufacturers, recently.

The fighting men will be entitled to their voice, because "they will have done the fighting, the bleeding, and the real sacrificing," he said in his address here before a joint meeting of the Providence Chamber of Commerce and the Associated Industries of Rhode Island.

They agree, according to Mr. Crawford, that they are fighting:

"for a chance for themselves and their children to live in peace;

"for the security of a job and a good standard of living;

"to live, love, laugh, worship, and think as free men;

"to build a strong democracy in which their self-decisions and self-progress are possible."

Rationing for Industry

None of them, he said, seems to object to "extending the lessons and blessings of democracy and a free society to the rest of the world, after they have achieved it fully at home."

To achieve these things, Mr. Crawford stated, we have changed our entire economy to a war machine. Civilians now feel the change in food and fuel rationing. He pointed out that "rationing is to the civilian what priorities and allocations have been to industry for two years.

"Industry has been going through those pains for two years—and converting from peacetime production to all-out victory production."

However, he emphasized, "we do not want rationing of regimentation of farm or factory or American folk when peace has fully returned.

"Regimentation of industry cannot stop at the factory gate. It invades every walk of life. Peacetime regimentation of industry would mean permanent ration cards for the American people.

Postwar Regimentation

"Wartime regimentation, for example, carried over into peace would mean that government would determine the annual production of refrigerators. It would designate the manufacturer to produce refrigerators. It would specify the type to be built and fix the one price at which it was to be sold."

Gone would be the American's right to shop for a bargain—to buy the item that best suited his fancy and pocketbook, he added.

Mr. Crawford, who is also president of the Thompson Products Co., maintained that he did not expect all wartime controls to be revoked immediately when peace comes. He predicted a readjustment period during which purchasing power and production might have to be kept down artifically to keep prices from rocketing.

"But," he said, "when the time comes the controls must be relaxed and then removed. We are not fighting for a regimented economy, a calendar of meatless days, butterless bread, and no pleasure driving."

Industry, he emphasized, is not longing "to return to the dear dead past," nor is "management a bunch of old fogies yearning for the era of laissez-faire. We don't want laisez-faire business, laissez-faire labor or laissez-faire government." But we do want to stop America slipping. Business wants to recapture the traditional American progress—now stopped for over a decade—and go forward, not backward—to a better and better life for all."

Brains Add Meat To Sharing Menus

For the extra-special occasion calling for something new, Brains a la King add the right touch. Brains are doubly welcome, for they put meat in the menu without affecting the weekly allowance.

Brains are easier to handle when pre-cooked. However, if they are used soon after purchase, precooking is not necessary for some methods of cookery.

To pre-cook the brains, wash and simmer for 20 minutes in water to which one teaspoon of salt and one tablespoon of vinegar have been added for each quart of water used.

Brains a la King is an attractive way of serving this tender, delicately flavored meat.

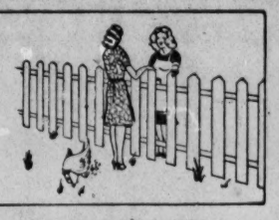
Brains a la King

1 pound brains
1 quart water
1 tablespoon vinegar or lemon juice
1 teaspoon salt
4 tablespoons butter
4 tablespoons flour
2 cups milk
½ cup diced celery
2 chopped green peppers
2 teaspoons grated onion
2 tablespoons chopped pimiento
½ teaspoon salt
⅛ teaspoon pepper
6 slices toast

Wash brains and simmer 20 minutes in water to which vinegar and salt have been added. Drain and separate into small pieces. Make a white sauce by melting butter, stirring in flour, adding milk and cooking until thickened. Add celery, green pepper, onion, pimiento, salt and pepper. Add brains and heat thoroughly. Serve on toast. Serves 6.

THIS BUSINESS OF Living

BY SUSAN THAYER



THOUGHTS PRECEDING MARCH 15TH

Umm . . . can't buy those shoes for Johnnie this month and the old coat will have to last through the winter . . . Let's see—maybe we could cut down a little more on the meat budget and we needn't have the Randalls to diner yet awhile . . . I guess it's a good thing we can't buy gasoline for the car or get any extra help now and then the way we used to.

You know why I'm going over expenses for the umpty-umpth time! March 15th is coming-nearer and nearer and with it the first installment of taxes that will really hurt. Income taxes have always been a nuisance. They've cramped our style, as it were. But this year they're a major item of expense. One quarter's installment is about equal to what the whole tax was a year ago. Naturally we don't like it. Many of us don't see where it's coming from, still it's got to be paid.

Yet stop a minute and look at what we're getting for this money we'll begin turning over to Uncle Sam next month. A rapidly growing Army and Navy that have already chalked up some mighty important successes. A flow of much-needed weapons and food to our allies across wide oceans. And, more important still, a confidence in our ability sooner or later to win a decisive victory.

A year ago it was touch and go. Remember? We thought we'd win. We'd never lost a war, we told ourselves. Then someone reminded us the Japanese hadn't either! We believed industry would deliver much of the goods the President had called for. We hoped we'd get enough men and material over "sub"-infested oceans to turn the tide in time.

Today, with a major part of our industry changed over to war production, with hundreds of ships reaching the other side in spite of a serious submarine campaign, and with our men well equipped as well as well trained, we know we will win and the discomfort it means doesn't much matter!

QUIZ FOR DRIVERS
BY J.F. WINCHESTER—AUTOMOTIVE SUPERINTENDENT ESSO MARKETERS
IF CAR ENGINES ARE WATER COOLED, WHY DO THEY HAVE A FAN
IS THE FINAL DRIVE THE LAST TICKET IN YOUR "A" BOOK
DOES IT STRAIN STEERING MECHANISM TO TURN WHEELS WHEN CAR IS NOT MOVING

Answers to Quiz for Drivers

A.—The fan aids in blowing heat away from the water circulating in the engine and through the radiator.

A.—No. The final drive is the means of transmitting power to the rear wheels, the chain on a truck for example, or the propeller shaft on the passenger car.

A.—Yes. It is easier and better for the car to turn wheels when moving. Getting out of exceptionally tight parking places which require going from extreme right to left positions or vice versa, creates the most strain.

Tripe A La Creole

Tripe may be a new culinary term to many, but tempting dishes have been made from it for many years in England. Honeycomb tripe is considered the most desirable.

Tripe may be purchased fresh, pickled, or canned. The fresh tripe is always cooked before it is sold, but it needs further preparation. All tripe should be simmered in water at least an hour, or until the cut surface has a clear, jelly-like appearance.

Jessie Alice Cline, home economist, suggests that tripe be served with a creole sauce. This is a dish that fits any budget, and the tripe does not need to be counted in the sharing allowance.

Tripe a la Creole

1 pound tripe
Water
3 tablespoons butter or drippings
3 tablespoons chopped green pepper
3 tablespoons chopped onion
3 tablespoons flour
1½ cups tomatoes
Salt and pepper

Cover tripe with water and simmer 1 hour, or until the cut surface has a clear, jelly-like appearance. Cut in two-inch pieces. Melt fat and saute green pepper and onion until tender. Add flour, stir until smooth, then add tomatoes, stirring constantly until thickened. Season and add tripe. Simmer 10 minutes. Serves 6.

Kidney Loaf Aids Wartime Meat Menu

Famous chefs recognize the many possibilities of kidneys and prepare many prize dishes with them. Economy-minded homemakers will include kidneys frequently in menus for their flavor, high food value and the fact that they can be purchased in unlimited quantities to increase the weekly meat share.

Kidneys should be washed; then split through the center and the tubes and fat removed before cooking, recommends Jessie Alice Cline, home economist.

Kidney loaf is a tasty, substantial dish for the family meal. The kidney flavor is extended with bread crumbs in this recipe.

Kidney Loaf

1 pound beef kidney
1 cup milk
8 slices bread
¼ cup bacon drippings
2 eggs
1 minced green pepper
1½ teaspoons salt
¾ teaspoon pepper
3 tablespoons grated onion
½ teaspoon powdered sage

Wash the kidney in cold water. Drain, remove fat and tubes, and grind. Pour milk over bread and soak. Combine all ingredients and mix thoroughly. Pack firmly in loaf pan. Bake in a moderate oven (350 deg.F.) for 1½ hours. Serves 8.

Left-over kidney loaf is easily used. It can be sliced, spread with catsup, and placed between layers of enriched bread. It makes a filling sandwich for the lunch box meal the following day.

Serve this kidney loaf with creamed potatoes, buttered beets, cabbage salad and hot apple pie.

THE POCKETBOOK of KNOWLEDGE

TO MEASURE THE CLEARANCES OF TUNNELS AND BRIDGES, A RAILROAD CAR IS EQUIPPED WITH WOODEN "FEELERS" THAT STICK OUT LIKE THE QUILLS ON A PORCUPINE
THERE ARE OVER 20,000 SPECIES OF FISH KNOWN TODAY — AND ABOUT 100 NEW ONES ARE DISCOVERED EACH YEAR
NEW TIRES SAILS WITH FLUFFY ALL-WOOL WORKING SURFACE LIKE THAT ON ONES YOU DIVE INTO CENTER BUSHES
THE TANGERINE TAKES ITS NAME FROM TANGIER, MOROCCO
THE FOAMY SPONGE-RUBBER FROM CUSHIONS USED TO MAKE RIDING IN TANKS LESS BUMPY ARE MADE FROM STONE AND OTHER MINERALS

Great Part Played By Industrial America In The War Efforts

During the past twelve months the whole complexion of America has changed. A peaceful nation drawn suddenly into the vortex of a world-wide war has, in this short period, become the most gigantic armory the world has ever known.

So rapid has been this transformation and so dynamic the force behind it that in one year's time United States production has outstripped the vast production machines built by our enemies over a period of ten years.

Last week three great metropolitan newspapers, The New York Times, The New York Herald Tribune, and The Wall Street Journal, paid tribute to this amazing industrial achievement by devoting special supplements to the herculean task American industry has accomplished.

On the pages of these supplements there is unfolded the amazing picture of American industry at all-out war, of mammoth plants built overnight or converted to straight-line munitions production, making records only to be shattered and shattered again, utilizing every scientific development born of the war, employing inventions and shortcuts to amaze even this sophisticated age.

Reviewing the situation as a whole, War Production Chief Donald M. Nelson declared that "During the first year of war the United States got the bulk of its tremendous industrial facilities on an all-out basis." More specifically we learn that the steel industry set the all time record production of 89,000,000 tons of ingots. The American aircraft manufacturers produced 49,000 airplanes of all types and are well on the way to the creation of the world's most powerful striking force.

During 1942 machine tool production reached the all-time high of $1,400,000,000 which is 82 per cent more than 1941, 210 per cent greater than 1940, and seven times the sales of 1939.

The year 1942 saw the production of 32,000 tanks and self-propelled artillery units, 17,000 anti-aircraft guns, and 8,200,000 deadweight tons of merchant shipping. Hugh increases in every war category are recorded on the production books of 1942.

Thrift Lessons Learned Anew By Housewife

Lessons of thrift are being learned anew in many kitchens, says Jessie Alice Cline, home economist. Even with an abundance of food, many factors reveal the importance of utilizing every bit we purchase. We need an abundant supply of food for our men in uniform here and abroad, we need food for our allies whose agricultural land has become a battlefield, we need food for our own citizens. And, too, transportation facilities may not be available for shipping as much food to us as in peace times.

Our government has asked us to share the meat supply. Sharing will mean an allowance large enough to assure good nutrition if we retain its full food value. Every piece of meat, bone, and all of the drippings, should be utilized in the preparation of meat dishes.

Wise preparation can do much toward conserving our share of meat. All meat should be cooked slowly to decrease the cooking losses and thus increase the number of servings obtained from each meat cut. Moderate oven temperatures should be used for meats that are roasted. Beef, lamb, veal and smoked pork should be roasted in a 300 deg.F. oven and fresh pork in a 350 deg.F. oven.

We no longer sear meat, because tests have shown that searing meat increases the loss of the meat juices instead of sealing them in the meat cut. Chops, steaks and patties should be broiled slowly so that by the time they are browned on one side, they will be half done. It is advisable to place 2-inch steaks or chops in the broiler so their surface is 3 inches from the heat, and 1-inch steaks, chops or patties so their surface is 2 inches from the heat. Thus a low broiling temperature will be maintained.

Pot-roasts, stews and meats cooked in water should be cooked slowly and never allowed to boil. When meat is allowed to boil, it not only causes greater shrinkage but the meat doesn't hold its shape and is less attractive in appearance.

Economy in itself is enough to justify cooking all of our meat supply at a low temperature, but there are other advantages including: (1) ease of preparation (the meat doesn't require as much watching, there are no spattered ovens or burned roasting pans to clean) and (2) greater palatability (meat is juicier and better flavored).

Family Stake Over $800 In Government War Financing

The per family stake in government war financing in this country now amounts to over $800, including $302 in war bonds and baby bonds directly owned, $284 through government bond holdings of the life insurance companies, and around $220 owned indirectly through savings deposts.

Refugee Industries

Some 300 factories have been set up in Britain by refugees from Nazi persecution, and they are employing about 30,000 British workers in war production.

BUY WAR BONDS

3-Way Pot Roast Yields Thrifty Wartime Meals

The American homemaker must be more than thrifty these days. With the rationing of meat, sugar, coffee and other foods it is necessary to learn ways to share our food supply. These include extending as well as conserving every bit of food available.

Meat is such an important food in American diets that an effort must be made to obtain the greatest possible food value from every ounce we purchase. Good cookery methods go a long way toward increasing the amount of cooked meat, for cooking too fast and too much means greater loss in food value.

Jessie Alice Cline, home economist, suggests that a 4-pound roast or pot-roast can provide three meals for a family of four. Here is just one example: serve the pot-roast itself for one meal, Meat and Vegetable Pie for another, and creamed meat as the third.

These recipes are for the preparation of the three meat dishes prepared from one meat cut.

Pot Roast

3-4 pounds blade or arm bone, chuck or rump
Flour
Lard or drippings
Water
Salt and pepper
8 medium potatoes
6 whole onions
6 whole carrots

Season the meat with salt and pepper and dredge with flour. Brown on all sides in a small amount of the lard or drippings. Add a small amount of water, not more than ½ cup, cover closely and cook slowly, allowing about 45 minutes per pound. As the pot-roast cooks, more liquid may be added if needed. An hour before the end of the cooking time add the onions, carrots and potatoes.

Meat and Vegetable Pie

Cut all but one-half cup of the left-over pot-roast into cubes. Dice the left-over potatoes and carrots and slice the onions. Combine the meat, vegetables and 1 cup of canned or cooked peas. Make enough gravy from the drippings to moisten the meat and vegetables. Line a large casserole or individual casseroles with a biscuit crust, allowing some crust for overlapping. Add the meat and vegetables, overlap the crust and bake in a hot oven (400 deg.F.) until crust is brown.

Creamed Beef and Liver

½ pound liver, sliced
½ green pepper
1 small onion
2 tablespoons drippings
½ cup ground cooked beef
1 teaspoon salt
¼ teaspoon pepper
2 tablespoons flour
1 cup milk
1 teaspoon Worcestershire Sauce

Simmer the liver about five minutes. Grind pre-cooked liver, green pepper and onion together. Brown the ground cooked beef, salt, pepper and flour. Stir until flour is mixed, add milk and continue stirring until mixture is thick. Season with Worcestershire Sauce. Serve on hot c[illegible] biscuits.

Red Tape Wastes Farmers' Time

"For three years," said Mr. F. H. Sexauer, President, Dairymen's League Cooperative Assn., "the farmers of the United States have produced bumper crops. It may be difficult to solve the farm labor problem, but much can be done to help farmers obtain needed machinery. In New York state alone, farmers will need 300,000 new pieces of machinery this year—hayrakes, harrows, cultivators, mowing machines, hay loaders, tractors, pumps, grain drills, milking machines and milk coolers—218,000 pieces are needed for replacement and 90,000 more to make up for the loss of farm labor. Farmers are now forced to waste time fighting to get things they need to work with and in complying with bureaucratic red tape. If farmers are to do an all-out job of producing food—if the nation is to avoid severe scarcity—farmers must be free of bureaucratic interference and must have practical help."

Relief At Last For Your Cough

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION
for Coughs, Chest Colds, Bronchitis

SEND HIM SOME
FREE CAMELS

FREE CIGARETTES
FOR OUR BOYS FIGHTING OVERSEAS!

For every carton of CAMELS you buy for yourself from February 15th thru February 20th at PROXIMITY, REVOLUTION, WHITE OAK or PRINT WORKS STORES, the stores and the Manufacturers of CAMEL cigarettes will send five (5) extra packages to our fighting boys overseas, absolutely free! Each package will be labeled: "Good Luck From The Employees Of The Cone Mills, Greensboro, N. C."

Your Local Stores and the Manufactures of Camels are Donating Their Profit to Make This Possible.

Pause and refresh
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